

Position	Bib #	Athlete Name	Gender	Club	Chip Time	Gun Time
1	774	Robert WHITBY	M	Macclesfield Harriers & AC	00:33:32	00:33:37
2	1263	Chris COLLINS	M		00:33:52	00:33:57
3	783	JONATHAN SMITH	M	Lymm Runners	00:34:14	00:34:18
4	1265	Matthew HEWITT	M		00:34:43	00:34:47
5	1051	Billy HICKS	M	Macclesfield Harriers & AC	00:34:52	00:34:56
6	837	Mat Rushbrook	M	Northern Masters AC	00:34:56	00:35:00
7	1052	Tom SPENCER	M		00:34:57	00:35:02
8	1109	James WIGNALL	M	Sale Harriers Manchester	00:35:17	00:35:22
9	729	Darren WILLIAMS	M	Lonely Goat RC	00:35:19	00:35:24
10	1006	Bojian ZHAO	M		00:36:21	00:36:27
11	977	Phil ROWEN	M	Lymm Runners	00:36:26	00:36:31
12	1083	Mark STRICKLAND	M	Warrington Running Club	00:36:26	00:36:35
13	1087	Nick DRURY	M		00:36:26	00:36:38
14	1208	Edwin Drost	M	Warrington Running Club	00:36:37	00:36:42
15	901	DAN HARRIS	M	City Of Stoke Ac	00:36:43	00:36:47
16	1297	Ian Elsby	M	Knutsford Tri Club	00:36:46	00:36:56
17	987	Jacob CULLEN	M	Warrington Road Runners	00:36:53	00:37:00
18	822	Elliot GRESTY	M	Leigh Harriers & AC	00:36:56	00:37:01
19	1257	Christopher HATTON	M	Lymm Runners	00:36:57	00:37:05
20	731	Paul SMETHURST	M	Lymm Runners	00:37:06	00:37:12
21	1243	Siu ao Tsang	M		00:37:36	00:37:43
22	712	Cathal MCCOSKER	M	Lymm Runners	00:37:43	00:37:49
23	848	Jack CHESTER	M		00:37:46	00:37:51
24	831	Harry PHILLIPS	M		00:38:12	00:38:25
25	763	Jake HARRISON	M	Sale Harriers Manchester	00:38:19	00:38:26
26	749	Louise WHITTAKER	F	Cheshire Dragons	00:38:23	00:38:27
27	762	Ian Harrison	M	Lymm Runners	00:38:22	00:38:29
28	972	Matthew LAWLESS	M		00:38:29	00:38:36
29	816	Neil MARSH	M	SPECTRUM STRIDERS	00:38:32	00:38:40
30	1143	Lucie DAVIES	F	Warrington A C	00:38:41	00:38:47
31	1102	Marcus THACKERAY	M	Cafe Azul Run Club	00:38:42	00:38:48
32	1261	Sophie MELLOR	F		00:38:52	00:38:57
33	775	David CHAMBERS	M	Macclesfield Harriers & AC	00:39:02	00:39:08
34	1210	Trevor GOLDING	M		00:39:16	00:39:22
35	1215	Robert HOUGH	M		00:39:27	00:39:34
36	766	Mark Collins	M		00:39:30	00:39:35
37	1298	Anna BEGBIE	F	vale royal ac	00:39:28	00:39:36
38	1152	Daniel GARNER	M	Widnes Running Club	00:39:34	00:39:42
39	1113	Scott Jarvis	M	Sale Harriers Manchester	00:39:29	00:39:43
40	921	Michael Ruffles	M		00:39:39	00:39:47
41	1026	Richard HEATON	M	Warrington Running Club	00:39:45	00:39:54
42	1010	Pat Hudson	M	south cheshire harriers	00:40:09	00:40:14
43	1299	Gareth Kerr	M		00:40:11	00:40:26
44	957	Mike AUSTIN	M	Lymm Runners	00:40:21	00:40:30
45	1228	Mark Harrison	M	Caffeine X Endorphins	00:40:26	00:40:31
46	1096	Thomas KIRWAN-EVAI	M	Lymm Runners	00:40:26	00:40:40
47	1288	Andrew MACKIE	M		00:40:48	00:40:57
48	1211	Peter TAYLOR	M	Macclesfield Harriers & AC	00:40:56	00:41:04
49	1004	Stephen Owen	M		00:40:57	00:41:05

50	1117 Thom SOUTTER	M		00:40:53	00:41:09
51	1100 Mike BURTON	M	ASTLEY & TYLDESLEY ROAD RU	00:40:56	00:41:10
52	1064 Neil COPELAND	M	Lymm Runners	00:41:03	00:41:11
53	1025 Marius KUMM	M	Warrington Running Club	00:40:10	00:41:18
54	1275 Steve Liput	M	Lymm Runners	00:41:08	00:41:19
55	793 Matt Nield	M		00:41:22	00:41:29
56	1205 David Heald	M		00:41:33	00:41:42
57	891 Felix HORNER	M		00:41:24	00:41:51
58	1110 Thomas DEAN	M	DRAGONS RUNNING CLUB (SA	00:41:45	00:41:53
59	1154 DAVID ROGERS	M	Lymm Runners	00:41:47	00:41:57
60	804 Christopher GEERING	M	Sandbach Striders	00:41:49	00:41:59
61	1293 Rob Massey	M		00:41:57	00:42:08
62	1037 Reuben ROBERTS	M		00:41:46	00:42:09
63	741 David PEARCE	M		00:41:57	00:42:12
64	787 Hannah Smith	F	Lymm Runners	00:42:05	00:42:17
65	809 Paul BROCKLEHURST	M	Knutsford Tri Club	00:42:17	00:42:28
66	1289 Andy Mccourt	M	Lymm Runners	00:42:19	00:42:31
67	886 Tom VERNON	M		00:42:22	00:42:32
68	710 Carl BARNARD	M	Macclesfield Harriers & AC	00:42:23	00:42:33
69	1040 Tom MOORES	M		00:42:27	00:42:34
70	1038 Chloe DAVIES	F		00:42:29	00:42:34
71	1251 Jason SAGE	M	SPECTRUM STRIDERS	00:42:38	00:42:48
72	1138 Alex Elding	M		00:42:42	00:42:48
73	973 Stanley OGDEN	M	Warrington A C	00:42:43	00:42:51
74	723 Barrie Powers	M	Wilmslow Running Club	00:42:42	00:42:54
75	952 Colin Gill	M	Lymm Runners	00:43:06	00:43:18
76	746 Vicki Cleall	F	DRAGONS RUNNING CLUB (SA	00:43:07	00:43:20
77	718 Andy Dines	M	Knutsford Tri Club	00:43:10	00:43:22
78	1049 John Sheldon	M	Lymm Runners	00:43:11	00:43:25
79	1063 Jonny LEATHERBARRO	M	Warrington A C	00:43:18	00:43:27
80	1218 Nick ROBERTS	M	DRAGONS RUNNING CLUB (SA	00:43:15	00:43:27
81	1118 Tom NICHOLLS	M		00:43:25	00:43:34
82	724 Andy LEATHER	M	Standish Globe Runners	00:43:26	00:43:38
83	1074 Adam SWAIN	M		00:43:31	00:43:39
84	1115 Owain Morris	M	Macclesfield Harriers & AC	00:43:41	00:43:49
85	1077 Andy Thomas	M	Sandbach Striders	00:43:42	00:43:53
86	1076 Alex ROBERTS	M	SPECTRUM STRIDERS	00:43:54	00:44:04
87	1300 Richard COLES	M		00:44:02	00:44:16
88	868 Paul STANSBURY	M	DRAGONS RUNNING CLUB (SA	00:44:06	00:44:18
89	996 Ray O'Keefe	M	Macclesfield Harriers & AC	00:44:07	00:44:19
90	1090 Matthew TURNER	M		00:44:08	00:44:26
91	1012 Daniel EDWARDS	M		00:44:06	00:44:28
92	846 CATHRYN WALLEY	F	Knutsford Runners	00:44:15	00:44:29
93	1296 Tom MATTHEWS	M		00:44:13	00:44:39
94	1033 John WAKELIN	M		00:44:25	00:44:41
95	870 Alan P	M		00:44:30	00:44:43
96	992 Kevin GILLIBRAND	M	Warrington Road Runners	00:44:33	00:44:47
97	929 Koen TAVERNIER	M		00:44:40	00:44:52
98	1053 Michael Lyon	M	Average Lads	00:44:27	00:44:58
99	1226 Sarah FRANKLIN	F		00:44:45	00:45:00

100	1016 Neil DUNCOMBE	M	Knutsford Tri Club	00:45:08	00:45:26
101	1224 Jacqueline JONES	F	Warrington Running Club	00:45:16	00:45:30
102	714 James BENSON	M	Lymm Runners	00:45:12	00:45:33
103	918 Hari CROSS	M		00:45:11	00:45:35
104	1054 Sam BENNETT	M		00:45:17	00:45:37
105	1086 Colin AINSCOUGH	M	SWINTON RUNNING CLUB	00:45:32	00:45:49
106	821 Rachel JONES	F		00:45:38	00:45:53
107	740 Liam DONNELLY	M		00:45:45	00:45:58
108	865 Emily FOX	F		00:45:30	00:46:05
109	985 Evan ROBERTS	M	DRAGONS RUNNING CLUB (SA	00:45:56	00:46:07
110	913 Jezz WOODS	M		00:45:31	00:46:14
111	1058 Mark MAGUIRE	M		00:45:53	00:46:18
112	1219 Jim Dawson	M	Lymm Runners	00:46:09	00:46:23
113	1204 John LEAL	M		00:46:09	00:46:24
114	748 Kelly Anne TOWNS	F	WIGAN & DISTRICT H & AC	00:46:13	00:46:27
115	924 Daniel BULLOCK	M		00:46:27	00:46:38
116	791 Emma Nunnerley	F	Lymm Runners	00:46:26	00:46:40
117	1017 Simon Fox	M	Knutsford Tri Club	00:46:28	00:46:41
118	1116 Andrew SMITH	M		00:46:12	00:46:45
119	855 Antony SPENCER	M		00:46:28	00:46:45
120	1002 David Blackburn	M		00:46:25	00:46:50
121	827 Gary Buck	M		00:46:36	00:46:54
122	1232 Jonny LEWIS	M		00:46:33	00:46:56
123	1283 Debbie HUSTON	F	Warrington Running Club	00:46:19	00:46:58
124	1034 RICHARD CLAY	M		00:46:37	00:47:00
125	832 Max HEALE	M		00:46:42	00:47:01
126	1108 Nicholas PARUMS	M	Lymm Runners	00:46:40	00:47:04
127	907 Paige K	F		00:46:47	00:47:05
128	1158 Chris Bennett	M	ASTLEY & TYLDESLEY ROAD RU	00:46:34	00:47:05
129	1095 David Bisby	M		00:46:31	00:47:07
130	726 Carl SMETHURST	M	Lymm Runners	00:46:52	00:47:08
131	760 Nick WILD	M	SPECTRUM STRIDERS	00:46:55	00:47:08
132	757 Suzy WILD	F	SPECTRUM STRIDERS	00:47:00	00:47:09
133	801 Sarah Garside	F	Warrington Running Club	00:47:10	00:47:23
134	805 Chloe NUTTALL	F		00:47:10	00:47:23
135	779 Ben SKIDMORE	M		00:47:16	00:47:35
136	1141 Steve TAYLOR	M	Lymm Runners	00:47:26	00:47:37
137	1132 Joanne CHIORANDO	F		00:46:47	00:47:48
138	984 Claire ELLISON	F	SPECTRUM STRIDERS	00:47:40	00:47:56
139	892 Rhys DAVIES	M	Lymm Runners	00:47:45	00:48:02
140	1201 Tara POWER	F	Lymm Runners	00:47:43	00:48:05
141	817 Richard MAUN	M		00:47:40	00:48:12
142	879 Rory DONLEY	M		00:48:03	00:48:18
143	739 Han BLACKWELL	F		00:48:14	00:48:25
144	1050 Katy Barnes	F	Knutsford Tri Club	00:48:07	00:48:26
145	717 Steven CONNOR	M		00:48:05	00:48:28
146	900 Mike Brady	M	SPECTRUM STRIDERS	00:48:05	00:48:28
147	1287 Nick WHEATLEY	M		00:47:56	00:48:31
148	1140 Eduardo LIMA	M		00:48:25	00:48:36
149	867 Matt REEVES	M		00:48:22	00:48:38

150	899	Andy HARE	M	Lymm Runners	00:48:11	00:48:39
151	851	Arnaud QUIEVY	M		00:47:58	00:48:41
152	727	Hayley HEWITT	F		00:48:26	00:48:41
153	1072	Franck TURMEL-JOSEK	M	Manchester Triathlon Club	00:47:59	00:48:41
154	1088	Skye AINSCOUGH	M		00:48:18	00:48:41
155	1023	Harish PATEL	M		00:48:25	00:48:42
156	773	Adam SEXTON	M	DRAGONS RUNNING CLUB (SA	00:48:14	00:48:51
157	1237	Stuart Galloway	M		00:48:37	00:48:53
158	858	Beth MASON	F		00:48:40	00:48:54
159	1059	Alex Hartland	F		00:48:30	00:49:00
160	1079	Jesse S Oldfield	M		00:48:41	00:49:07
161	990	Philip HICKEN	M	SPECTRUM STRIDERS	00:48:40	00:49:08
162	1081	Alexander MAKIN	M		00:48:48	00:49:09
163	1060	Germaine Holmes	F	Lymm Runners	00:48:54	00:49:11
164	715	Martin Wright	M	Lymm Runners	00:48:52	00:49:13
165	965	Keith Brown	M	Warrington Road Runners	00:48:56	00:49:13
166	1146	Jane LEES	F		00:48:51	00:49:20
167	884	Corrie GERRARD	F		00:48:56	00:49:23
168	765	Rachel MILLER	F	Fta	00:48:57	00:49:26
169	1153	Andrew Mason	M		00:49:09	00:49:28
170	702	Jennifer TODD	F	Lymm Runners	00:49:10	00:49:32
171	928	Gael Tavernier	F		00:49:12	00:49:32
172	1066	Jake ASHALL	M		00:49:06	00:49:41
173	983	Gabriella ROCCO	F		00:49:19	00:49:43
174	777	Paul Skidmore	M		00:49:26	00:49:44
175	980	Mike Hall	M	SPECTRUM STRIDERS	00:49:23	00:49:46
176	747	Monty HARGREAVES	M	CHESHIRE HASH HOUSE HARRI	00:49:27	00:49:47
177	770	Claire LONGDEN	F		00:49:43	00:49:59
178	1135	Steve MERRITT	M		00:49:47	00:50:04
179	1225	Jenny REYNOLDS	F		00:49:51	00:50:08
180	1247	Simon BARBER	M		00:49:57	00:50:18
181	1285	Andrew Holland	M	Lymm Runners	00:50:00	00:50:18
182	1156	Andy Dainty	M	Lymm Runners	00:49:38	00:50:22
183	1240	Christine RAMSBOTT	F	Lymm Runners	00:50:02	00:50:23
184	1239	James RAMSBOTTOM	M		00:50:01	00:50:23
185	1092	Scott LOFTHOUSE	M	DRAGONS RUNNING CLUB (SA	00:49:55	00:50:24
186	826	Claire Phillips	F	Knutsford Tri Club	00:50:01	00:50:25
187	1254	Dave Gaskell	M	Knutsford Tri Club	00:50:20	00:50:38
188	847	Matty HATTON	M	Knutsford Tri Club	00:50:22	00:50:40
189	850	Adam LAMB	M		00:50:04	00:50:42
190	954	Amanda Pemberton	F	Lymm Runners	00:50:17	00:50:48
191	999	Rhys Jones	M	Knutsford Tri Club	00:50:24	00:50:50
192	986	MATTHEW HARGREAV	M	CHESHIRE HASH HOUSE HARRI	00:50:23	00:50:56
193	1242	Nicola Chiappa	F	Lymm Runners	00:50:38	00:50:58
194	1286	Lucy Tannahill	F		00:50:35	00:51:03
195	744	Will ABBOTT	M		00:50:42	00:51:06
196	864	Emma MOSS	F		00:50:29	00:51:07
197	1001	Nathaniel WILSON	M		00:50:38	00:51:13
198	1057	Maya SMALLWOOD	F		00:50:43	00:51:13
199	877	Caleb RESZKA	M		00:51:00	00:51:19

200	857 Sarah EBORALL	F		00:50:58	00:51:22
201	1280 Clive JONES	M		00:51:02	00:51:23
202	828 Emily PHILLIPS	F		00:50:58	00:51:32
203	788 Linda Bowden	F	Warrington A C	00:51:17	00:51:37
204	981 Katie May WILLIAMS	F		00:51:19	00:51:40
205	889 David BALDWIN	M		00:51:20	00:51:42
206	1084 Clare MILLINGTON	F		00:51:14	00:51:42
207	1089 Ann STOCKDALE	F		00:51:19	00:51:42
208	881 Chris Woodyatt	M		00:51:10	00:51:42
209	829 David Carr	M		00:51:18	00:51:49
210	756 Aimee BATT	F		00:51:32	00:51:53
211	755 Mervyn WARD	M	Warrington A C	00:51:42	00:52:00
212	982 Chris LAWLER	M		00:51:39	00:52:01
213	1231 Kate Grimoldby	F	SPECTRUM STRIDERS	00:51:51	00:52:08
214	771 Phil LONGDEN	M		00:52:01	00:52:17
215	866 Graham STRICKLAND	M	Warrington Running Club	00:51:56	00:52:20
216	902 Anthony Hilton	M	Lymm Runners	00:51:53	00:52:23
217	903 Nicola HILTON	F		00:51:53	00:52:23
218	706 Kirsty MCGLENNON	F		00:52:00	00:52:23
219	1157 Robin MCCLUNEY	M		00:52:12	00:52:23
220	732 Curtis BROWN	M		00:51:49	00:52:27
221	875 John Brear	M	Lymm Runners	00:52:13	00:52:30
222	953 Julian Timothy SPENCER	M	SPECTRUM STRIDERS	00:52:03	00:52:35
223	810 Euan MACDONALD	M		00:52:15	00:52:36
224	1129 Jasper BAINTON	M		00:52:13	00:52:40
225	1036 Adam ROBERTS	M		00:52:11	00:52:50
226	701 Dominique WHITTLE	F		00:52:22	00:52:54
227	1213 Phil Birchall	M	Lymm Runners	00:52:30	00:52:54
228	995 Stephen READ	M		00:52:31	00:52:57
229	915 Matthew YOUNG	M		00:52:17	00:52:58
230	890 Andrew WALES	M		00:52:35	00:52:59
231	843 Carolyn WAYWELL	F	DRAGONS RUNNING CLUB (SA)	00:52:32	00:53:01
232	830 Jeremy Phillips	M		00:52:24	00:53:05
233	1042 Liam BLEARS	M		00:52:50	00:53:09
234	753 Russell JOHNSON	M		00:52:37	00:53:13
235	707 KATIE BENSON	F	Lymm Runners	00:52:53	00:53:14
236	819 Holly Furlong	F		00:52:58	00:53:17
237	1245 James BUCKTHORPE	M		00:52:37	00:53:21
238	743 Toby ABBOTT	M		00:52:59	00:53:23
239	975 Georgina Walker	F		00:52:41	00:53:25
240	912 Luke TYMS	M		00:53:02	00:53:27
241	1227 Sarah FONTANA	F	Warrington Road Runners	00:53:02	00:53:28
242	970 WILLIAM STANIARD	M	Warrington Running Club	00:52:54	00:53:31
243	863 Robert LEECH	M		00:53:22	00:53:38
244	1202 Kay BURNS	F		00:53:22	00:53:38
245	859 Lucy Leech	F		00:53:23	00:53:39
246	704 Carolyn ARBER	F	Lymm Runners	00:53:10	00:53:40
247	1230 Dominic MANSER	M	Fta	00:53:13	00:53:43
248	991 Kate RYDER	F		00:53:29	00:53:46
249	1284 Sarah EGLIN	F	Knutsford Tri Club	00:53:23	00:53:49

250	713	Steven BROOM	M		00:53:22	00:53:50
251	1061	Harry MANN	M		00:53:00	00:53:55
252	963	David Faulkner	M	Lymm Runners	00:53:30	00:54:02
253	898	Jenny LATHAM	F		00:53:28	00:54:02
254	1273	Tom BAMFORTH	M		00:53:37	00:54:03
255	1130	Georgina LACY	F		00:53:31	00:54:05
256	880	Stephen JEWELL	M	DRAGONS RUNNING CLUB (SA	00:53:38	00:54:07
257	742	Nic ABBOTT	M	Northwich Running Club	00:53:49	00:54:14
258	758	Sarah HARRISON	F	Lymm Runners	00:53:55	00:54:18
259	1131	Megan Thomas	F		00:53:41	00:54:19
260	1217	Stuart HARRIS	M		00:54:03	00:54:30
261	1221	Andy HUDSON	M	Lancaster & Morecambe AC	00:54:05	00:54:41
262	759	Amy FISHER	F		00:54:20	00:54:53
263	1234	Rebecca SIEBERT	F		00:54:28	00:54:57
264	894	James BUTTERWORTH	M		00:54:05	00:54:59
265	840	John MAKIN	M		00:54:34	00:55:00
266	988	Annelie OSBORNE	F		00:54:10	00:55:01
267	1214	Leslie Wilson	M		00:54:30	00:55:02
268	769	Chris CLARKE	M		00:54:30	00:55:06
269	1256	Louise DAWSON	F	Sandbach Striders	00:54:34	00:55:12
270	784	Norman HINDLE	M	south cheshire harriers	00:54:40	00:55:12
271	839	Robert MAKIN	M		00:54:51	00:55:17
272	1233	Andrew BARKER	M		00:54:32	00:55:18
273	806	ELIZABETH MCDONAL	F	Lymm Runners	00:54:47	00:55:19
274	1032	JANETTE BYRNE	F		00:54:47	00:55:20
275	1005	Thea PICKWELL	F		00:54:53	00:55:21
276	803	James SCULLY	M	MANCHESTER FRONTRUNNER:	00:54:38	00:55:21
277	888	Edward Taylor	M	Knutsford Tri Club	00:54:48	00:55:21
278	1078	Jamie EWINS	M	Warrington Road Runners	00:55:02	00:55:25
279	1220	Karen CLARK	F		00:54:48	00:55:25
280	1149	Charlie WATSON	M		00:54:58	00:55:33
281	1236	Jill ABBOTT	F	Macclesfield Harriers & AC	00:55:09	00:55:39
282	1075	Eleanor ROBERTS	F	SPECTRUM STRIDERS	00:55:18	00:55:45
283	1253	Lou Clague	F	Knutsford Tri Club	00:55:17	00:55:54
284	1252	Dan Robson	M	Knutsford Tri Club	00:55:18	00:55:55
285	1103	Simon Hackett	M	Lymm Runners	00:55:26	00:55:55
286	1080	Olivia FISHER	F		00:55:09	00:56:02
287	836	Faye RUSCOE	F		00:55:32	00:56:05
288	916	Ginny BIRNEY	F		00:55:30	00:56:17
289	800	Katie Guess	F	Lymm Runners	00:55:54	00:56:23
290	893	Janey HELLMEN	F		00:55:30	00:56:25
291	925	Jemma Kaariainen	F	Lymm Runners	00:55:49	00:56:25
292	959	Hannah RUSSELL	F	Lymm Runners	00:55:56	00:56:31
293	1065	Emelia WASEY	F		00:55:40	00:56:32
294	833	Brad TAYLOR	M		00:56:08	00:56:39
295	754	Kerrie Cassel	F		00:56:00	00:56:41
296	1044	Leonard SHIELD	M		00:55:40	00:56:43
297	1209	Simon GOSLING	M		00:55:51	00:56:45
298	1269	Jon BETTS	M	Warrington Road Runners	00:56:19	00:56:47
299	1123	Andrew CANTERBURY	M		00:56:26	00:56:51

300	1125 Heather DENTON FOX	F		00:56:16	00:56:56
301	1105 Lisa PARRY	F		00:56:33	00:56:57
302	1136 Natalie WITCHER	F		00:56:26	00:57:04
303	1137 Ben BRISTOW	M		00:56:25	00:57:04
304	1048 Ste PARK	M	Warrington Running Club	00:56:33	00:57:12
305	1067 Kathryn Wells	F	Lymm Runners	00:56:42	00:57:14
306	1264 Claire QUINN	F		00:56:35	00:57:16
307	1008 David BUCKTHORPE	M		00:56:32	00:57:16
308	897 TOBIAS LATHAM	M		00:56:51	00:57:25
309	1070 Laura LOCKHART	F	Warrington Running Club	00:56:55	00:57:28
310	1295 Holly MATTHEWS	F		00:56:52	00:57:30
311	1294 Jake BESSANT	M		00:56:54	00:57:31
312	1266 Clair Baldock	F	Warrington Running Club	00:56:46	00:57:31
313	719 Mark TRICKER	M	Mile Shy Club	00:56:54	00:57:33
314	1082 Paul Elkin	M		00:57:05	00:57:34
315	1144 Amy COOPER	F		00:57:04	00:57:34
316	813 Lynne Sheehy	F		00:56:54	00:57:44
317	869 Clare CARTLEDGE	F	DRAGONS RUNNING CLUB (SA	00:57:08	00:57:45
318	849 Michelle REMELIE	F		00:57:06	00:57:45
319	778 Lauren WILSON	F		00:57:12	00:57:48
320	896 Geoff PALEY	M	DRAGONS RUNNING CLUB (SA	00:57:03	00:57:49
321	1107 Eoin McLoone	M		00:56:43	00:57:53
322	1277 Harriet HIRST	F		00:57:00	00:57:54
323	919 Paige SETTLE	F		00:57:02	00:57:56
324	909 Hannah VALENTINE	F		00:56:42	00:57:57
325	1020 Nick HURRELL	M		00:57:25	00:57:57
326	887 Miranda Taylor	F	Knutsford Tri Club	00:57:30	00:58:06
327	815 Elena SHEEHY	F		00:57:31	00:58:08
328	1260 Joanne Ready	F	DRAGONS RUNNING CLUB (SA	00:57:21	00:58:11
329	993 Andrew SCHOFIELD	M		00:57:34	00:58:16
330	1018 Fay HURRELL	F	Lymm Runners	00:57:46	00:58:18
331	1207 Keith JOHNSON	M		00:57:40	00:58:20
332	1203 Nicky JONES	F		00:57:38	00:58:21
333	844 Helen CALLERY	F	DRAGONS RUNNING CLUB (SA	00:57:37	00:58:26
334	720 Huw ELLIS	M		00:57:44	00:58:34
335	966 John ELLIS	M		00:57:50	00:58:38
336	1281 Menna GOODWIN	F	Warrington Running Club	00:57:56	00:58:39
337	1071 Claire BIRKETT	F	Warrington Running Club	00:57:57	00:58:39
338	1097 Victoria HENNESSEY	F	Lymm Runners	00:58:11	00:58:41
339	1290 Paula Manley	F	vale royal ac	00:58:23	00:58:42
340	1043 Andrew WRIGHT	M		00:58:05	00:58:47
341	997 Geraldine FENTON	F	DRAGONS RUNNING CLUB (SA	00:58:01	00:58:48
342	1041 Selina SPENCER	F		00:57:58	00:58:49
343	768 Georgie RICHARDS	F		00:58:15	00:58:51
344	1223 Natalie DIXON	F	Lymm Runners	00:58:23	00:58:52
345	1258 Zoe GMERER	F	TWISTED RUNNING	00:58:08	00:58:57
346	796 Stuart SCOFFIN	M		00:58:27	00:58:59
347	1249 Tom SALVINI	M		00:58:29	00:59:01
348	709 Janet READITT	F	WARE JOGGERS	00:58:24	00:59:05
349	989 Stuart ADDISON	M		00:58:25	00:59:05

350	862	Rhiannon Oldfield	F	Lymm Runners	00:58:38	00:59:06
351	1128	Mickey COTTRILL	M		00:57:59	00:59:09
352	1085	Laura White	F		00:58:28	00:59:14
353	906	Katy O'Connor	F	Lymm Runners	00:58:37	00:59:16
354	1039	Richard MCDONAGH	M		00:58:30	00:59:20
355	961	Rich WROE	M		00:58:55	00:59:28
356	1148	Victoira BEGENT	F	Lymm Runners	00:58:26	00:59:31
357	1147	Allan BIRD	M	SPECTRUM STRIDERS	00:58:48	00:59:32
358	974	Christopher SMETHURM	M	Lymm Runners	00:59:05	00:59:35
359	1024	Orla HACKETT	F		00:59:08	00:59:48
360	1021	Lizzi REYNOLDS	F	Sandbach Striders	00:59:10	00:59:48
361	1094	Kirsty BOWYER	F		00:59:19	00:59:53
362	1114	Catherine JARVIS	M		00:59:12	00:59:57
363	767	Catherine GRANGE	F		00:59:17	01:00:01
364	812	Amy NEILL	F		00:59:36	01:00:19
365	842	Dan MAKIN	M		00:59:51	01:00:36
366	1155	Nathan Ashurst	M	Warrington A C	00:59:48	01:00:42
367	1015	Sahas WANJARI	M	Warrington Road Runners	01:00:05	01:00:56
368	1241	Peter Owen	M		01:00:24	01:00:59
369	1093	Louise Ryan	F		01:00:32	01:01:05
370	1104	Jennifer AMOS	F		01:00:26	01:01:16
371	1206	Bernard BROWN	M		01:00:09	01:01:17
372	883	Nicola Gerrard	F	Lymm Runners	01:00:49	01:01:17
373	1007	Philip Taylor	M		01:00:29	01:01:22
374	725	Patrick MCGUINNESS	M		01:00:27	01:01:22
375	845	Jayne MEANEY	F		01:00:36	01:01:23
376	722	Louise POWERS	F		01:00:28	01:01:23
377	764	Peter MILLINGTON	M	Fta	01:00:40	01:01:24
378	1272	Denise MARTIN	F	Warrington Running Club	01:00:43	01:01:34
379	1262	Zoe FARRIMOND	F		01:00:54	01:01:44
380	1106	Joanna BROWN	F		01:01:09	01:01:50
381	1122	Jacqueline DE CANDIA	F		01:01:04	01:01:53
382	958	Jacquie DAVID	F		01:01:03	01:01:54
383	1047	Paul HUGHES	M		01:00:56	01:02:01
384	871	Simon TWEEDALE	M		01:01:08	01:02:13
385	904	Victoria Wagstaff	F		01:01:33	01:02:13
386	998	Kate Tomlinson	F	Lymm Runners	01:01:16	01:02:13
387	917	Marsha SIBBORN	F		01:01:45	01:02:33
388	730	Paula Swettenham	F	Lymm Tri	01:01:37	01:02:33
389	1120	Abi Trevor	F		01:01:37	01:02:34
390	792	Carol NIELD	F		01:01:51	01:02:36
391	780	Paul Hitchen	M		01:01:36	01:02:44
392	1056	David Wild	M	madrunners	01:02:05	01:02:52
393	734	Caroline FANNON	F		01:01:50	01:02:55
394	750	Amy COOPER	F	Lymm Runners	01:02:12	01:03:03
395	1101	Sarah TICKLE	F		01:02:15	01:03:08
396	1259	Tracy LYNN	F	Mile Shy Club	01:02:04	01:03:11
397	1238	Oliver SHERWIN	M	Lymm Runners	01:02:16	01:03:12
398	852	Michael REMELIE	M		01:02:21	01:03:12
399	1276	Katy Jennings	F	Lymm Runners	01:02:18	01:03:16

400	882	Caroline Thomas	F	Lymm Runners	01:02:28	01:03:22
401	1030	Jane HINKINS	F		01:02:31	01:03:24
402	1222	Ehen ANDERSON	M		01:02:36	01:03:30
403	1267	Jane HOUGHTON	F	Warrington Running Club	01:02:43	01:03:32
404	1270	Ange Leah	F	Warrington Running Club	01:02:42	01:03:32
405	905	Michelle CORRIN	F	Lymm Runners	01:03:10	01:03:51
406	856	Helen Howard	F		01:03:10	01:04:11
407	835	Laura COWARD	F		01:03:19	01:04:15
408	781	Jessica SPEAKMAN	F	Warrington Running Club	01:03:29	01:04:20
409	979	Jamie Bradbury	M	Lymm Runners	01:03:47	01:04:31
410	978	Tricia CHAPLIN	F	Hunwick Harriers	01:03:49	01:04:32
411	1127	Louise PETTITT	F		01:03:41	01:04:36
412	878	Sammie SHEARS	F		01:03:43	01:04:37
413	1216	Sonia JOHNSTON	F		01:03:55	01:04:40
414	736	Claire FANNON	F		01:03:38	01:04:42
415	1291	Jennifer CROOKES	F		01:03:48	01:04:52
416	1046	Cath Griffiths	F	Lymm Runners	01:04:12	01:04:55
417	825	Lisa Lloyd	F	Warrington Running Club	01:04:05	01:04:55
418	1000	Dominique CROMPTON	F	Lymm Runners	01:04:09	01:04:56
419	926	Nina SEATON	F		01:04:13	01:04:58
420	927	Fiona DAVIES	F		01:04:14	01:04:59
421	854	MALCOLM HUGHES	M	SPECTRUM STRIDERS	01:04:03	01:05:07
422	908	Emma WATSON	F		01:04:24	01:05:10
423	922	Emma Cliffe	F	Lymm Runners	01:04:30	01:05:16
424	960	Claire EVANS	F		01:04:37	01:05:24
425	853	Paul JOHNSON	M		01:04:23	01:05:25
426	1235	Hannah Bassirat	F	Knutsford Tri Club	01:04:39	01:05:27
427	1150	Sophie DAVIS	F	Lymm Runners	01:04:47	01:05:27
428	910	Steve DAVIS	M	Lymm Runners	01:04:47	01:05:28
429	971	Sarah SRINIVASAN	F		01:04:49	01:05:53
430	797	Tertia-Lee KNIGHT	F	Mile Shy Club	01:05:07	01:05:56
431	795	Isobel BARBER	F		01:05:07	01:05:56
432	776	Jane WOODCOCK	F		01:05:05	01:05:58
433	1246	George PHIRI	M		01:05:29	01:06:17
434	911	Astrid Reid	F	Lymm Runners	01:05:17	01:06:18
435	962	Lyn Westwood	F	Lymm Runners	01:05:29	01:06:27
436	931	Katryn JACKSON	F	Lymm Runners	01:06:23	01:06:31
437	923	Lindsey Wilby	F		01:05:36	01:06:36
438	994	Jennifer O'CONNOR	F	Lymm Runners	01:05:40	01:06:37
439	873	Caroline Dempsey	F		01:05:28	01:06:40
440	1112	Rhian Davies	F	Lymm Runners	01:05:44	01:06:41
441	761	Gemma NEILLINGS	F		01:06:06	01:06:46
442	703	Jo Wadsworth	F	Lymm Runners	01:05:58	01:06:50
443	1244	Jo RICHARDSON	F	Running Bear	01:05:55	01:06:50
444	745	Margot MAYBURY	F	DRAGONS RUNNING CLUB (SA)	01:06:10	01:06:58
445	1022	Lai LAM	F	Mile Shy Club	01:05:58	01:07:06
446	1091	Rebecca LOFTHOUSE	F	DRAGONS RUNNING CLUB (SA)	01:06:23	01:07:11
447	820	Dianne Gresty	F	Lymm Runners	01:06:22	01:07:14
448	1045	Anthony KINSELLA	M		01:06:13	01:07:15
449	1229	Ruth PERKINS	F	Mile Shy Club	01:06:17	01:07:15

450	1062	Chloe MARSLAND	F		01:06:26	01:07:21
451	789	Kay PARKER	F	WRR	01:06:49	01:07:40
452	1124	Charlotte SMITH	F		01:06:30	01:07:41
453	1292	Helen POYSER	F		01:06:45	01:07:50
454	1278	Cheryl BOYD	F		01:06:57	01:07:55
455	1139	Lucy Lima	F		01:07:16	01:08:12
456	808	Rhys POPE	M		01:07:17	01:08:19
457	1027	Ciara BEEVERS	F		01:07:18	01:08:19
458	737	Emma TAYLOR	F	Mile Shy Club	01:07:15	01:08:22
459	1151	Mark BENSON	M	Mile Shy Club	01:07:17	01:08:25
460	798	Liam KNIGHT	M	Mile Shy Club	01:07:36	01:08:26
461	802	Jason LYNN	M	Mile Shy Club	01:07:18	01:08:27
462	1028	Rachel FINCH	F	Warrington Running Club	01:07:43	01:08:41
463	1282	Zoe BURKE	F	Batch Running Club	01:08:15	01:09:20
464	969	Sarah Seddon	F	Warrington Running Club	01:08:54	01:09:46
465	838	Danielle KINSELLA	F		01:08:42	01:09:48
466	1133	Rowena BUCKLEY	F		01:08:57	01:09:58
467	895	Vicky ARTHUR	F		01:08:56	01:09:58
468	711	Janice RUSSELL	F		01:09:22	01:10:08
469	1255	Sandra FENTON	F	Manchester Harriers & AC	01:09:14	01:10:13
470	920	Bridget WARBURTON	F		01:09:29	01:10:15
471	874	Carolyn Smith	F	Lymm Runners	01:09:23	01:10:21
472	1073	Michael MCCANN	M		01:09:39	01:10:34
473	1111	Alison DEAN	F	Mile Shy Club	01:10:32	01:11:31
474	818	Sarah BALLANTYNE	F		01:11:04	01:11:40
475	1248	Katy EDWARDS	F		01:10:46	01:11:48
476	1250	Kate BARBER	F		01:10:44	01:11:48
477	872	Caroline SKEELS	F	Mile Shy Club	01:11:11	01:12:20
478	1134	Fabrizio CHIORANDO	M		01:12:07	01:13:07
479	811	Emma FUNG	F		01:12:17	01:13:19
480	814	Jen RILEY	F		01:12:16	01:13:19
481	955	Ian YARWOOD	M	DRAGONS RUNNING CLUB (SA	01:13:28	01:14:28
482	752	Helen ROBINSON	F	Mile Shy Club	01:13:28	01:14:28
483	708	Jane DENNISON	F	Mile Shy Club	01:13:35	01:14:42
484	799	Daniela KNIGHT	F	Mile Shy Club	01:13:58	01:14:49
485	834	Teena WEBB	F		01:13:56	01:14:49
486	1014	Ale RODEA	F		01:14:00	01:15:01
487	967	Hilary Lidbury	F	Lymm Runners	01:13:57	01:15:06
488	1212	Leanne CHAMBERS	F		01:14:13	01:15:10
489	823	Eleanor Riches	F	vale royal ac	01:14:57	01:15:36
490	964	Dave Featherstone	M		01:14:40	01:15:38
491	914	Emma JOHNSTON SMIF	F		01:14:57	01:16:05
492	885	Sarah DALY	F	Lymm Runners	01:15:16	01:16:13
493	1098	Rashika FERNANDO	F	Lymm Runners	01:15:03	01:16:14
494	1268	Fran HEALD	F	Warrington Road Runners	01:15:17	01:16:17
495	733	Emily HARBIDGE	F	Mile Shy Club	01:15:27	01:16:32
496	728	Zoe HILTON	F	Warrington Running Club	01:15:45	01:16:49
497	1279	Nicola GRANT	F	Warrington Road Runners	01:16:00	01:17:01
498	824	Bryan Forth	M	Warrington Road Runners	01:15:59	01:17:02
499	751	Dan THOMASON	M		01:16:39	01:17:45

500	716	Leanne SHAW	F		01:16:39	01:17:45
501	772	Annette Chester	F		01:16:50	01:18:00
502	782	Kim CHAMBERS	F	DRAGONS RUNNING CLUB (SA	01:18:27	01:18:29
503	785	Lillie Roberts	F	Bikelokal_Luzern	01:18:27	01:18:29
504	1031	Vicki DUNNING	F	Warrington Running Club	01:17:33	01:18:36
505	976	Chris BLOOR	M		01:17:26	01:18:36
506	735	Celia Critchley	F		01:17:30	01:18:38
507	951	Rodger BOOTHMAN	M	Lonely Goat RC	01:17:57	01:19:02
508	705	Suzanne BOOTHMAN	F		01:17:57	01:19:02
509	956	Dennis Yarwood	M	SPECTRUM STRIDERS	01:19:17	01:19:20
510	1019	Geoffrey FENTON	M	Manchester Harriers & AC	01:18:23	01:19:23
511	968	John Donaghy	M	Warrington Running Club	01:19:06	01:19:55
512	786	Paul Stubbs-Jefferies	M	Knutsford Tri Club	01:20:04	01:20:29
513	1013	Suzan WANJARI	F	Warrington Road Runners	01:19:28	01:20:30
514	1126	Sarah RESZKA	F		01:19:49	01:21:01
515	1029	Helen Leather	F	Warrington Running Club	01:20:04	01:21:05
516	1011	Louise STEVENSON	F		01:20:42	01:21:56
517	876	Gill FLOYD	F		01:21:09	01:22:09
518	807	Chrissie Knight	F	Lymm Runners	01:22:20	01:23:26
519	1055	Vicky Wild	F	madrunners	01:22:36	01:23:42
520	861	Stewart MORTON	M		01:23:25	01:24:22
521	860	Melissa MORTON	F		01:23:25	01:24:22
522	721	Joanne MCGUINNESS	F		01:23:27	01:24:35
523	1009	Nicola PARKINSON	F		01:23:48	01:25:00
-	1142	Ian Davies	M		00:00:00	00:00:00
-	1142	Jon ROSTRON	M	Mile Shy Club	00:00:00	00:00:00
-	930	Lucy Harrison	F		00:00:00	00:00:00
-	790	Stephen Bowden	M	Warrington A C	00:00:00	00:00:00

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